

# AUTUMN NEWSLETTER

24th May 2023

SYDNEY WOMEN'S PHYSIOTHERAPY/  
PELVIC CONNECTIONS



## WE WELCOME DORIS TO OUR TEAM!

We now have a massage therapist working with us in our clinic! Doris will be working at Sydney Women's Physiotherapy every Wednesday and Saturday from the 6th May. Doris has over 4 years' of experience in Remedial massage and Traditional Chinese massage (TCM). All appointments are eligible for a private health rebate.

### What does Doris specialise in?

- Bioelectric meridian therapy
- Relaxation massage,
- Cupping,
- Gua Sha
- Pregnancy massage.



### What are the costs and duration of each massage?

- 30 minutes: \$80
- 60 minutes: \$130
- 90 minutes: \$180



**WE ARE OFFERING A DISCOUNT OF 15% OFF THE MASSAGE PRICE UNTIL THE 10TH OF JUNE 2023**

If you would like to book an appointment to see Doris, please call our clinic on **02 8883 5360** or chat to our friendly admin team.

Doris can't wait to meet all of you and help with any concerns you may have or to simply make you feel relaxed!



Suite 308, 10 Norbrik Drive, Bella Vista NSW 2153  
(02) 8883 5360  
[info@sydneywomensphysiotherapy.com.au](mailto:info@sydneywomensphysiotherapy.com.au)

# DR TANIA TRAPOLINI - CLINICAL PSYCHOLOGIST

We are delighted to have Dr Tania Trapolini, clinical psychologist work alongside us every Thursday from 11th May 2023.

Dr Tania Trapolini is a warm, compassionate and experienced Clinical Psychologist who always works in partnership with her clients to better understand and process issues which may be causing concerns.

Dr Tania Trapolini is managing her own bookings. Please call her directly on **0402 225 756**.

## EXERCISE CLASSES - TERM 2

Term 2 has commenced and we have new classes to share with you!

### What classes have we added?

- Monday 9:30am Over 50s
- Tuesday 5pm Strength and Rebuild
- Thursday 10am Studio Equipment

Are you interested in joining? Talk to your Physiotherapist about joining a class that is best suited to you or see our friendly admin team to book a trial class.

### What classes do we offer at Sydney Women's Physiotherapy?

- Strengthen and Rebuild
- Studio Equipment
- Prenatal
- Over 50s
- Unwind and Restore

We look forward to seeing you in our classes! If you have any further questions please let us know, we are happy to help.



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